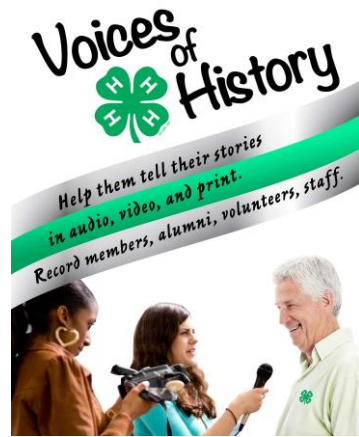


## You are part of the “Voices of 4-H History”! We want to hear your 4-H story!



Tell us a little about your experiences in 4-H and how they impacted your life. Here are some ideas that might help you get started! Do any of these story ideas spark your memory? Pick one, and fill in the blanks (or do more than one if you like). You may go to <http://4-HHistoryPreservation.com/voices> to type or copy/paste your answers.

(Need help? Contact your County Extension office for a list of volunteer interviewers.) \*If using a printed copy of this form, you will probably want to write your responses on a separate page to have enough space!

**STORY IDEA 1:** Find a favorite photo from your 4-H days and tell what you remember about the day it was taken.

- \* About what year was it, and where was it taken? Describe the picture and its contents.
  - \* How old were you and what 4-H club were you a member of?
  - \* What was the Leader's name and what do you remember about what you learned in the project?
  - \* What characteristics made this person a good 4-H Leader?
  - \* What did you do to get ready to have the photo taken?
  - \* How did you feel when the picture was taken? (Tell why you felt that way).
  - \* Did this moment have a lasting impact on you? (Tell how it affected you).
  - \* Describe other moments from that project year that influenced you.
- You can upload the photo as part of the story.

**STORY IDEA 2:** Tell about a personal triumph you had in 4-H!

- \* What was the triumph and why did you consider it special?
- \* How did you feel about your success? (Tell why).
- \* How did your friends and family feel about your triumph?
- \* Did the experience have a lasting impact on you? (Tell how it affected you).
- \* How old were you and what 4-H club were you a member of?
- \* How was the Leader helpful in accomplishing your triumph?
- \* Tell about the challenge(s). What made the situation challenging?



- \* How did you overcome it and what made it rewarding?

**STORY IDEA 3:** What was/were the greatest challenge(s) you mastered in 4-H?

- \* How old were you and what 4-H club were you a member of?
- \* Tell about the challenge(s). What made it/them personally challenging for you?
- \* How did you overcome it and what made it rewarding?
- \* What do you think would have happened if you had not overcome the challenge?
- \* Did the experience have a lasting impact on you? (Tell how it affected you).
- \* How was your 4-H Leader and/or Extension 4-H Educator helpful in overcoming the challenge?
- \* Tell about the project. What made it special for you?



**STORY IDEA 4:** What was your favorite project?

- Were you in a “club” or was this an “individual” project?
- Tell a bit about the project. Why did you enroll in it and what made it special for you?
- What was/were the most important thing(s) you learned in the project?
- In what ways was your Leader qualified to lead this project?
- Did the experience have a lasting impact on you in any way? (Tell how it affected you).
- Tell a little about the experience: What happened? Where were you? How old were you?
- What was surprising about your participation in the project?
- What was the outcome of your experience(s) in the project?

**STORY IDEA 5:** Did something ever turn out in a way that you never expected?

- Describe the situation you were in so we understand the context.
- What would you have normally expected to happen in that situation?
- Tell a little about the experience: What happened? Where were you? How old were you?
- What was surprising about it?
- What was the outcome? How were your parents involved in the outcome?
- How was your 4-H Leader and/or Extension 4-H Educator involved in the outcome?

**STORY IDEA 6:** Who made a difference in your 4-H experience?

- What caring adult(s) made your 4-H experience even better than you expected?
- Tell how they made a difference.
- Which of their actions or statements will you always remember?
- What club were you a member of, and how did the Leader help you through the project?
- Tell what 4-H experiences impacted your life or shaped your views on family, community, country or world.
- Are you a different person as a result and, if so, how?
- How did you overcome it and what made it rewarding?
- What is the most important thing you learned about yourself from 4-H?



**STORY IDEA 7:** Do you think 4-H changed you as a person?

- Can you describe what kind of person you were before you were involved in 4-H?
- Tell what 4-H experiences impacted your life.
- How are you different as a result of being in 4-H?
- If you had to pick one thing, what would you say is the most important aspect of 4-H that changed you as a person?
- How do you describe that change to your friends and family?