A 4-H Series
For TV

MULLIGAN STEW

A 4-H TELEVISION PRODUCTION WITH
EXPANDED NUTRITION PROGRAMS

What's In...is not far out!
Make the TV Scene

Six half-hour TV shows* with a rock band
that make you tune in and "turn on"

1. MULLIGAN STEW tackles a "Mission Impossible"—waking up a sleeping town—moms 'n' dads, firemen, a mailman, barber, bank robber and a cop (lucky for the robber the cop was sleeping), and, would you believe, a cow too tired to give milk? All this in . . . THE GREAT NUTRITION TURN ON.

2. The Mulligan's rock music and songs beat out why "ya gotta eat breakfast". A high school gal is no longer "up-tight" and gets lots of dates, while her brother again becomes a star athlete after being revived in . . . LOOK INSIDE YOURSELF.

3. A culprit is foiled by Wilbur Dooright when he tries to sell fad diets and food pills to the Mulligan Stews. The mission has intrigue and physical competition as the far-out diets are proven taboos and lose out in . . . THE FLIM FLAM MAN.

4. Maggie, Mike, Manny, Micki, and Mulligan (the Mulligan Stews) plan, shop, and prepare a dinner for a world population. Hundreds of guests in native costume offer their kind of entertainment and fun in . . . GETTING IT ALL TOGETHER.

* TECHNICAL INFORMATION: Films 28½ minutes—full color.
What's In... is not far out!

That's because everybody needs food. You need food... I need food... plants and animals need food... to live and grow!

MULLIGAN STEW

A five piece kid's rock band turns on to good nutrition and takes you along in 6 half-hour TV shows. In a take-off on Mission Impossible, Wilbur Dooright brings assignments from "upstairs". They do fun one-liners like Laugh In and have come-alive puppets in a Sesame Street atmosphere. Oh yes! There are some of our great astronauts as well as world famous food authorities and scientists. Each show is "way out" in entertainment while teaching exciting things about feeding yourself for a healthier you.

YOU GET IT ALL TOGETHER

A package of "goodies"... games, puzzles, fun-to-do activities and do-it-yourself projects... is available to each viewer. There is an additional set of materials for a learning-director (this may be an older member of the family, parent or other adult... or it may be an ENP aide, club leader or teacher). Viewers are encouraged to participate in a group of three or more with a learning director to initiate group activities. This total program package will do things with "What Food Does", "4 4 3 2... Magic Clue", "Key Nutrients", "Plants and Animals As Food", "What People Eat In Other Countries", "Sea, Space, and Engineered Foods", and "What a Calorie Is".

Everyone should know "why they are what they eat"... 4th, 5th, and 6th graders want to know. Yep, you guessed it... this is a target audience. However, these shows and materials get everyone involved in the exciting world of food: young, old, low income families, urbanites, Expanded Nutrition audiences and aides, leaders, and teachers... after all... you are what you eat!

COMING SOON - DON'T MISS IT

Just wanted to share a "sneak" preview of Mulligan Stew with you, prior to its grand premiere.

Mulligan Stew

and fun-to-learn activities to good nutrition...
A 4-H TELEVISION PRODUCTION WITH:
Expanded Nutrition Programs, USDA, in cooperation with Extension Service,
USDA and State Extension Services of the Land Grant Universities.

PLAN AND DESIGN PROPOSALS BY:
Developmental Committees
Iowa State University Extension Service
4-H Nutrition Television Programs

FILMS BY:
U.S. Department of Agriculture Motion Pictures

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Michigan State University Cooperative Extension Service

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