



Personal Development

Documenting our 4-H Heritage

Life Skills Development:

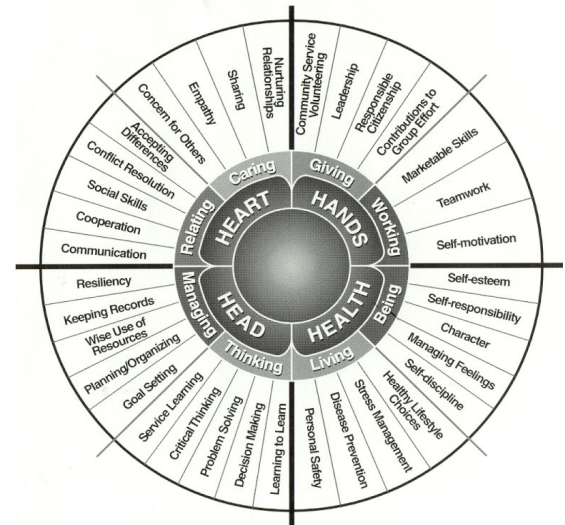
Critical Thinking: asks questions before, during and after acquiring information

Nurturing Relationship and Sharing: learning to be an active and passive listener; respect for intergenerational life experiences; and value the recording of ones heritage.

Contributions to Group Effort: being an active and contributing member who explores and records Oklahoma 4-H history as part of our Centennial celebration.

Self Discipline: learning to take responsibility for identifying stories, making appointments, preparing for interview, conducting interview, recording/reporting story/interview, returning stuff, thank you notes

Targeting Life Skills Model



Purpose:

The family has been a basic unit in our society and the world for longer than written records go back. Your family can be thought of as a complex system of interacting individuals who influence one another in many ways. Family can be biological members or it can be an extended family. Extended family refers to an interest, a person, an activity or an organization that brings people together. During the Oklahoma 4-H Centennial Celebration, we will be celebrating the many generations of our extended 4-H family.

An important part of an individual's personality or family is its heritage. One's heritage is comprised of many qualities, traditions passed down from preceding generations. As part of the Personal Development project area we want 4-H members to explore and become interested in their own personal family 4-H heritage, club heritage, county heritage, state heritage, or a combination of these.

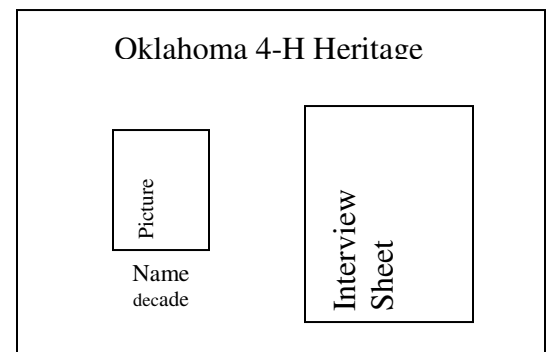
Through the personal development program, members will learn about our 4-H genealogy, the study of the Oklahoma 4-H family history.

Preparation for Project Work:

Read "History Mysteries" 4H•HLTH•407 before going any further. The information below builds upon the content of "History Mysteries."

Beginning Level - Poster

Posters must be 14" x 22" and permanently signed, dated and either 1 of 2 or 2 of 2 written on the back. The poster can be horizontal or perpendicular. Each interview sheet and picture goes on a separate poster board. Interview sheets can be neatly handwritten or typed, but should



Sample - Poster

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be the work of the 4-H member. List the questions asked, followed by the responses received.

PROJECT - Interview two 4-H members, each from a different decade in the 4-H program. Select a time and place for the interview. Plan the visit by having a set of questions to ask. Confirm the appointment with the interviewee a day in advance. Ask if they have a picture of themselves during a 4-H event or doing project work they would be willing to share. Promise to have the picture scanned or copied by a specified date and then return the picture on time and in the same condition it was received.

Have fun doing the interview. Give yourself plenty of time to do the interview and just "visit." Don't let a hectic schedule ruin a wonderful opportunity to bring you closer to your special friend and enable you to remember him or her as the years go by. Future generations may come to know your friend better because of your commitment to keep a record of their 4-H memories.

Follow up the visit with a thank you note and a copy of your report.

SAMPLE INTERVIEW QUESTIONS ATTACHED.

Intermediate Level - Scrapbook

Scrapbook permanently signed and dated. Interview sheets should be typed/word processed by the 4-H member. Results of interview should be in paragraph or dialogue format.

PROJECT - Interview five former 4-H members or a combination of members, volunteers or retired Extension staff from at least three different decades. Include an interview sheet for each person as well as a "then" and "now" picture. Documentation/support materials can include one 4-H item from the decade.

Select a time and place for the interview. Plan the visit by having a set of questions to ask. Confirm the appointment with the interviewee a day in advance. Ask if they have a picture of themselves during a 4-H event or doing project work they would be willing to share. Promise to have the pictures or support material/documentation scanned or copied by a specified date and then return the item(s) on time and in the same condition received. If you borrow documentation/support materials for the exhibit give the interviewee a date that the item will be returned.

Have fun doing the interview. Give yourself plenty of time to do the interview and just "visit." Don't let a hectic schedule ruin a wonderful opportunity to bring you closer to your special friend and enable you to remember him or her as the years go by. Future generations may come to know your friend better because of your commitment to keep a record of their 4-H memories.

Follow up the visit with a thank you note and a copy of your report.

SAMPLE INTERVIEW QUESTIONS ATTACHED.

Advanced Level - Display

Display should be no larger than 3' X 3' (depth x width) and selfstanding. The back side should be permanently signed and dated. Interview sheets should be typed/word processed by the 4-H member.

PROJECT - Interview a former 4-H member and prepare a display depicting their life as a 4-H'er. (Project work, club meetings, trips, exhibits, etc.)

Select a time and place for the interview. Plan the visit by having a set of questions to ask. Confirm the appointment with the interviewee a day in advance. Ask if they have a picture of themselves throughout their 4-H career they would be willing to share. Promise to have the pictures or support material/documentation scanned or copied by a specified date and then return the item(s) on time and in the same condition received. If you borrow documentation/support materials for the display give the interviewee a date that the items will be returned.

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Please make your interviewee aware that the items will be on public display and that you do not want to borrow something of such personal value that they would be disappointed if something happened to the item.

Have fun doing the interview. Give yourself plenty of time to do the interview and just “visit.” Don’t let a hectic schedule ruin a wonderful opportunity to bring you closer to your special friend and enable you to remember him or her as the years go by. Future generations may come to know your friend better because of your commitment to keep a record of their 4-H memories.

Follow up the visit with a thank you note and a copy of your report.

SAMPLE INTERVIEW QUESTIONS ATTACHED.

Suggested Interview Questions

Using the sample questions below, think about other questions you could ask and prepare an interview sheet to guide the interview process. The columns below suggest level appropriate questions.

REMEMBER:

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| <ul style="list-style-type: none"> ✿ Good listeners encourage great storytelling ✿ Ask questions about people, places, events, important transitions, work or travel ✿ Take a tape recorder if you have access to one | <ul style="list-style-type: none"> ✿ Report facts and information; do not add your own thoughts or opinions ✿ Ask where events took place, who was involved, what happened, and why |
|--|---|

Beginning Level	Intermediate	Advanced	
			4-H Project Work
X	X	X	What years were you in 4-H?
X	X	X	Why did you decide to join 4-H?
X	X	X	What were your 4-H project(s)? Why?
X	X	X	What were the most popular projects in your club and county? Why?
X	X	X	Tell me about your fondest memory.
X	X	X	Tell me about friendships developed through 4-H and if any of them remain today.
X	X	X	What would you do over again? Why?
	X	X	Tell me if or how your project financially supported the family, education or other business ventures.
			4-H Club
X		X	Did you have any traditions in your 4-H Club? What were they?
X		X	What were your favorite activities?
	X	X	Who in 4-H had the most influence on you?

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		X	Who were the adults who had the most influence on you in 4-H?
X	X	X	Did you go to 4-H Camp? Where and what were your fondest memories?
		X	What trips did you attend while in 4-H?
		X	Did you go to State 4-H Roundup? What were your fondest memories?
Leadership and Citizenship			
	X	X	What was your most memorable leadership experience? Why?
	X	X	What was your most memorable community service/citizenship project? Why?
	X	X	Did you serve as a Club, County, District or State Officer? What office(s)? What was your favorite and why?
After 4-H			
	X	X	What was your greatest challenge? How did 4-H help you in overcoming that challenge?
X		X	Were your children, grandchildren, nieces/nephews, etc. 4-H members? How has the program changed or not changed since you were a member?
	X	X	How has 4-H influenced your career, family, or way of doing things?

References:

Weber, J.A., Hastings, S., Sanders, M., Young, P., Wilson, D., Nunnalle, M. **Stepping into the Past – 4-H Personal Development Special Interest Project. 4H-PDL-110**

Weber, J.A., Hastings, S., Sanders, M., McCalip, J., Young, P., Bredel, S., Douglass, D., Jones, B., Forbes, S. **Stepping Into Tomorrow – 4-H Personal Development Project – Units 1- 8 F4H-PDL-101-108**