April, 2014 Newsletter Volume V Issue IV

Contemporary 4-H History 2014 Cherry Blossom Festival

The 2014 National Cherry Blossom Festival is now winding down in Washington, DC, but here's a picture and article from the Centennial 2012 Festival where 4-H was involved.

Maryland 4-H Member Gets Hands Dirty with the First Lady Posted by Jennifer Martin, National Institute of Food and Agriculture, on April 2, 2012.



First Lady Michelle Obama participates in a centennial tree planting ceremony during the National Cherry Blossom Festival at the Tidal Basin in Washington, D.C., March 27, 2012. (Official White House Photo by Lawrence Jackson)

Working in the dirt is no big deal for 4-H member Josh Tice. However, it's not every day he gets invited to help First Lady Michelle Obama plant a cherry blossom tree in honor of the 100th anniversary of Japan's gift to the United States. Josh, and his mom and dad, Deana and Josiah, (Maryland 4-H Alumni) were on hand for the event in Washington, DC. Josh was one of six young people selected to participate alongside the First Lady. (He's

in the right hand corner dressed in a navy jacket & khaki trousers.)

During the event, Josh was able to meet Mrs. Obama and even give her a hug. Naturally though, his 4-H side shined through as he said his favorite part of the event was scooping up dirt for the actual planting. "I was really excited and thought it was really cool that I was selected to go to the Cherry Blossom Festival," Josh said, appropriately wearing his 4-H bolo tie and the Cherry Blossom Festival wristband given to him by the ambassador from Japan.

The White House marked the occasion with the ambassador from Japan to signal new beginnings as Japan rebuilds from last year's tsunami. Inviting the young people to participate was a way to create history and new memories of the friendship between the two countries. As the United States and Japan celebrate a century since the first trees were planted and USDA celebrates its 150th anniversary, it was only fitting to have a 4-H member help with the planting.

A third-year 4-H member and in the 5th grade, Josh is already heavily involved in the organization. He's putting his family's farm in Anne Arundel County, Maryland, to good use by participating in pig, cattle, chicken, sheep and horse projects. Working with the pigs is his favorite, and he has won several first place awards and a grand champion award for his breeding pigs.

As farmland can be hard to find in their county, Josh said one of his favorite things about being in 4-H is getting to work with all his friends who keep their animals at the Tice's farm. Well, that and the fact that he has fun while getting to

save money for college. 4-H has become a family tradition, as both his parents were members along with his aunts and uncles. "Being a couple 4H'ers ourselves, [today] was pretty impressive," Josiah said.

Self-Guided 4-H History Tour Initiated



National 4-H Center visitors use their smart phones to scan the QR code which leads them to more detailed information about the mural in the main lobby of J. C. Penney Hall.

The National 4-H History Preservation Leadership Team introduced a self-guided history tour of the National 4-H Youth Conference Center last week during National 4-H Conference. This is the first step of a planned Center-wide tour to cover many places of interest and items of National 4-H Historical value at the Center, and was conducted in the lobby area of J. C. Penney Hall.

Six sites were picked because of their proximity and because they include the history from the day that the National 4-H Center was opened by President Eisenhower up to and including an exhibit of national artifacts from the 10 most recent years of 4-H History. People wishing to take the tour need only a scanning device such as a smart phone or an electronic tablet to participate. Each item on the tour includes a marker containing a very brief description of the historical area or artifact and a QR code which leads the viewers to more detailed information.

To make the experience more enticing and rewarding for the Conference visitors, the

History Team devised a treasure hunt. Conference delegates were given a map designating the areas where the QR codes were located along with a question to be answered on each place, item or the person featured in that part of 4-H History. The participants needed to read a small amount of information on their device in order to answer the questions. To make the experience more gratifying, the 4-H Center Gift Shop offered a 10% discount to all who found the answers to all six questions.

The areas/items currently on the tour are: Gertrude Warren's Portrait, the J. C. Penney Mural, the Contemporary 4-H Exhibit, Massachusetts Foyer, Noble Breakfront and Danforth Courtyard.

How many of the questions can you answer with one or a few words without research?

- 1. **Gertrude Warren:** What did Miss Warren teach at Columbia University?
- 2. **J. C. Penney Mural:** What is the title of the J. C. Penney mural?
- 3. **Contemporary 4-H History Exhibit:** What percentage of funds from the Paper Clover Campaign go to county/state 4-H programs?
- 4. **Massachusetts Lobby:** What year was the Farley Memorial Foyer dedicated?
- 5. **Noble Breakfront:** Where was Guy Noble employed before he created the National 4-H Service Committee?
- 6. **Danforth Courtyard:** What is the title of the book written by William D. Danforth to challenge and inspire youth?

The History Team hopes to enlarge the tour to include the 4-H timeline mural and historic items in J. C. Penney Hall's first floor Kathleen's Corner along with the artwork in the Heritage Hallway between Aiton Auditorium and the Schruben Board Room on the lower level as the project moves forward over the coming months.

If you have not yet tried a QR Code, here's a sample. Scan this symbol with your digital tablet or smart phone to see where it takes you.



Would you like to learn more from others and their "Voices of 4-H History projects?

"Voices of 4-H History" Conference Calls are planned for the 3rd Monday of each month at 3pm EDT.

You're invited to the next "Voices of 4-H History" Toll Free Conference Call: April 21 at 3:00 p.m. EDT.

To activate the audio, call 1-888-884-9904 and enter passcode 5696697#.

"Voices of 4-H History" Shared Ideas



Practice makes perfect as the Maryland 4-H member film crew (r) makes adjustments while the interviewer and interviewee (I) look

In the most recent Conference Call, we had 12 participants: Kendra Wells, Jim Kahler, and Tom Tate (History Team); Joan Chong (HI); Woodie Hughes (GA); Karen Al-Faleh and Sandy Staples (MD); Hermon Maclin (VA); Bradd Anderson (MO); Steven Worker (CA); Ellen Mayes (SC); and Jenny Cocanougher (KY).

Updates offered:

1890 Universities will launch a 4-H History effort led by Woodie Hughes (GA).

A youth film crew will travel around the state collecting 4-H history interviews in an effort led by Herman Macklin, Prince Georges County (VA).

Many youth in the state have made wide use of windows and apple editing software according to Steven Worker (CA).

Joan Chong reports that 4-H (HI) is working with the local cable station. We simply went to visit with them and they were really open to working with our youth. They have a lot of expertise and facilities to share.

Volunteer Leader Forums are good places to conduct interviews: See KY video clip at: http://www.youtube.com/watch?v=QAQ26Ahgf5 c&feature=youtube.

Resources Shared:

If you're beginning a "Voices" project, there are many tested resources available; check:

- 1. Http://4-
 HHistoryPreservation.com/Voices for:
 - a power point for orienting a new start up history club;
 - banners for use in publicity, recruiting and as backgrounds during interviews;
 - lists of potential interview questions;
 - rack cards for use in recruiting participants.
- Movie Magic a useful guide for youth making films. Cost is \$8.00 for the MT Movie Magic Project. Order online with a credit card at:
 - http://store.msuextension.org/Products/4
 -H-MovieMagic__5325.aspx.
- 4-H also produced a helpful DVD for new film makers titled "4-H Film Making Workshop." This DVD is available online form 4-H Mall for \$10, contact www.4-H.org and click on 4-H Mall at the bottom of the screen. Once in Mall, search the term DVD.
- 4. When trying to decide who to interview: one suggestion is to start with older

folks with 2 or more generations of 4-H experience. State and National 4-H Hall of Fame Award Winners would be good candidates. Check out the 4-H History Preservation Website for lists of past national award winners; you might find people from your state there: <a href="http://4-https:

Youth might become interested in having their films shown and discussed at the National 4-H Film Festival: 2014 FilmFest 4-H will be accepting entries until July 1, 2014. The FilmFest showings will take place August 4-6 in St. Louis:

http://4h.missouri.edu/go/events/filmfest/.

Youth Busily Produce Films for 2014 FilmFest 4-H



All across the country, teams of 4-H youth are working to produce films for presentation at the 2014 FilmFest 4-H in St. Louis. "Voices of 4-H

History" will be one of the categories in which youth-produced films will be competing this August. Films submitted by July 1 2014 will be judged for exhibition during the film festival, August 3-6, 2014.

To view the top three films in each category from the 2013 FilmFest 4-H, go to "Screening Room" at http://4h.missouri.edu/events/filmfest/ and then click on top films of 2013.



Baking has long been a favorite 4-H activity. Did you know that 4-H'ers also used to participate in a National Cherry Pie baking competition?

Hands-On 4-H History

Food and Nutrition

Food and nutrition projects were a mainstay of early 4-H. After all, Health was one of the four Hs represented in the organization's name and emblem that were adopted back in 1911.

Articles about food and nutrition projects and programs were plentiful in the April 1939 edition of National 4-H News magazine. The magazine had stories about 4-H members involved in canning, dairy, food preparation, livestock and poultry projects.

Ruby Hudson, a 16-year old MO 4-H member, was also featured as the winner of the annual cherry pie baking contest held in Chicago. The annual contest held to celebrate George Washington's birthday (his 207th in 1939) was sponsored by the National Cherry Week

Committee and the "Hatchet Club." Ruby took her first train ride for her first visit to Chicago for the contest accompanied by her county 4-H home demonstration agent. As the contest winner, Ruby received a check for \$100 and a sight-seeing trip to Washington DC for herself and her chaperone. The article includes her prize-winning cherry pie recipe, which Ruby credited to her neighbor and her 4-H club leader.

Healthy living is an emphasis of 4-H today. Nutritious eating, safe food preparation practices and regular activity are important for good health. You can help by serving nutritious snacks at your 4-H meetings. To highlight the food history in 4-H, members can make healthy snacks from recipes found in 4-H cookbooks and project books or online. Have the group talk about the nutrition of the healthy snacks and

why regularly eating healthier foods is important. In keeping with the cherry theme of this article and Washington DC's Cherry Blossom Festival, what nutritious snacks or other dishes could you create using cherries?

To make a contribution to the National 4-H History Preservation Program; please go to http://4-HHistoryPreservation.com to check your options, or mail a check payable to National 4-H Council at:

National 4-H History Preservation Program National 4-H Council PO Box 37560 Baltimore, MD 21275-5375

Please write **4-H History Preservation Program** on the memo line of your check.

Contact the National 4-H History Preservation Team:

Sue Benedetti, Chair; 4-H National Headquarters, USDA, retired Larry L. Krug, Vice Chair; National 4-H Council, retired Eleanor L. Wilson; 4-H National Headquarters, USDA, retired Jim Kahler; 4-H National Headquarters, NIFA, USDA Kendra Wells; University of Maryland 4-H, retired Tom Tate; Extension Service, USDA, retired Melvin J. Thompson; National 4-H Council, retired Gary Deverman; National 4-H Council, retired David E. Benedetti; National 4-H Council, retired Rick Moses, Webmaster.

Email: <u>info @4-HHistoryPreservation.com</u> **Visit:** <u>http://4-HHistoryPreservation.com</u>

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